

# THE BVH PAW PRESS



## Hot Weather Awareness Month



<https://cosmosmagazine.com/people/swipe-right-for-puppy-playdates/>

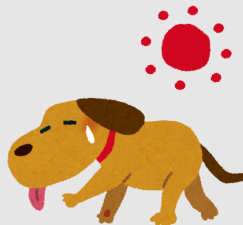
### HOT DOGS

On a nice 75-degree day, it might seem perfect to take your dog outside for a walk, a game of fetch, or a trip to the dog park. Participating in such activities is great exercise for you and your dog, but it's important to consider how intense or long these activities are.

According to AKC, Heat stress happens when dogs are overheated and can be cooled off in a short amount of time. Prolonged heat stress can lead to a heat stroke which is fatal.

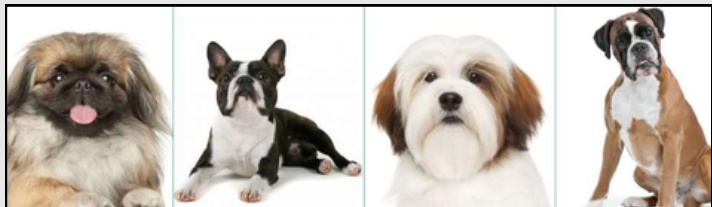
Signs of heat stress to watch out for:

- Excessive Panting
- Thick saliva, dry gums
- Seeking shady areas to lay down
- Hot skin to the touch
- Bright red tongue/gums



Some dogs that are more susceptible to heat stress include any brachycephalic (flat-nosed) dog or any breed with a double/long-haired coat.

<https://www.aaha.org/newstat/publications/heat-safety-warnings-for-veterinary-teams-and-pet-owners/>



<https://leadervet.com/what-are-brachycephalic-dogs/>

### PAWS FOR THOUGHT

Summer is just around the corner which means your pets are going to be spending more time in the hot weather. We as pet owners need to be cautious while our pets are outside working on their "summer body." Too much fun in the sun could lead to heat exhaustion, dehydration, and possibly a heat stroke which lead to fatality. Another simple activity pet owners like to do in the summer is taking their pet(s) on a walk. While this may seem harmless and joyful, we must consider how hot the pavement/sidewalk is that you are walking on. We don't want our best friends burning their little toe beans!

### HOT CAR, DEADLY TRAP

## Car Heat Dangers

Elapsed Time (minutes)	Outside Air Temperature (°F)					
	70	75	80	85	90	95
Inside Closed Car Air Temperature (°F)						
0	70	75	80	85	90	95
10	89	94	99	104	109	114
20	99	104	109	114	119	124
30	104	109	114	119	124	129
40	108	113	118	123	128	133
50	111	116	121	126	131	136
60	113	118	123	128	133	138
More than 1 hour	115	120	125	130	135	140

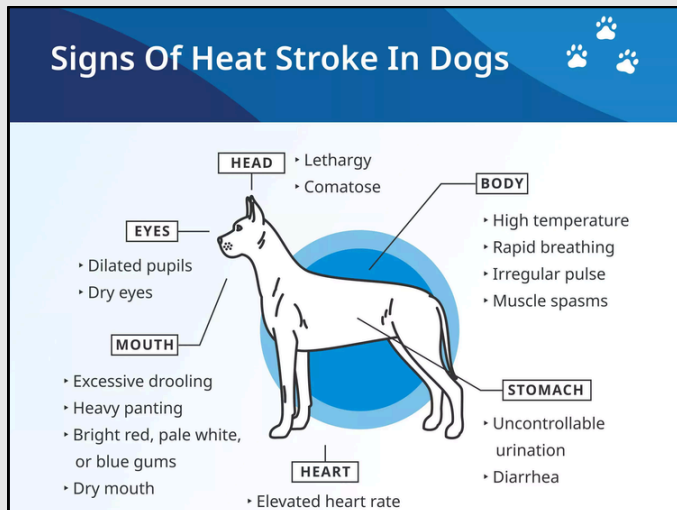
<https://humanesocietystjc.org/news/animals-and-extreme-temperatures/>

Pet owners have a tendency to leave their pets in cars when they have to run into a store or go in somewhere "quickly." Even on a 70-degree day, a cool car can turn deadly in minutes-even with the windows cracked. So, when you take your furry friend on a car ride, make sure you are able to leave your car running with your air conditioning on or that you are visiting a pet friendly facility that your pet can come inside with you.

## HOT DAY, COLD TRUTH

If you find that your pet is excessively panting, drooling, lethargic, vomiting, collapsing, losing consciousness, or having diarrhea, muscle tremors, go to the vet immediately! Per AAHA, these are all signs of heat stroke, and the pet needs medical intervention quickly. Heat stroke occurs when the body's temperature rises above 105 degrees, and it cannot cool itself down.

(<https://www.akc.org/expert-advice/health/heatstroke-in-dogs/>)



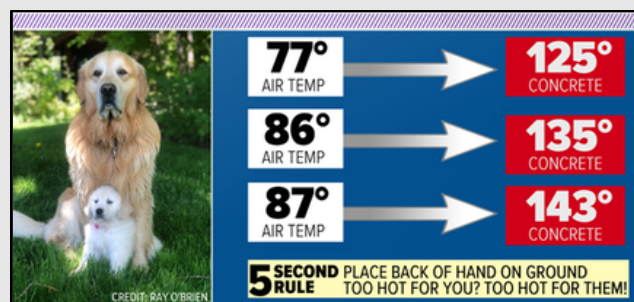
<https://www.metlifepetinsurance.com/blog/pet-health/heat-stroke-in-dogs/>

## DON'T LET THE SUN BITE

Pets can get burns from walking on hot pavement/sidewalk and just like us they can get sun burns! Place the back of your hand on the ground. If you can't hold it there for five seconds, it's too hot for your pet.

AAHA claims that they can also get sun burns on the bridge of their nose, belly, groin, and any shaved areas. Please keep this in mind when outside with your pet and apply pet-safe sunscreen if needed.

(<https://www.aaaha.org/newstat/publications/heat-safety-warnings-for-veterinary-teams-and-pet-owners/>)



<https://animalia-life.club/qa/pictures/what-temp-is-too-hot-for-puppies>

## FACT FETCHERS

Dogs do not sweat!

Dogs regulate their body temperature by panting and sweating through their paw pads.



## FIRST AID FOR HEAT STRESS

What should you do if your pet were to become too hot?

You should:

- Take them somewhere cool
- Blow cool air on them with a fan
- Place cool water on their paws, belly, groin area, back, chest, and neck (make sure it's not too cold)

## PLAY COOL, STAY COOL

There are many fun summer activities that you can do with your dog! Here are a few ideas to help you out:

- Walks/hikes
- Frisbee/ball
- Swimming
- Splash Pads
- Frozen Pupsicles
- Dog ice cream
- Traveling with your pet



## TAILS OF OUR TEAM

### Kittens!

Paige (Inpatient Supervisor) and Lindsey (Outpatient Supervisor) have had the privilege of fostering 3 kittens from 2 weeks of age for Friends & Ferals. Paige brought the kittens into us when her friend noticed that the kittens' mom did not return after a prolonged period of time-we think something happened to her. We had 2 boys and 1 girl. Since we got them around Easter, we named them Peter, Ducky, and Peep. Peep has already found a new home with one of our technicians-Kasey! Peter and Ducky were adopted together by one of our newest assistants-Olivia!



Peep



Peter



Ducky

